PRE-ASSIGNMENT WRAPPER

What’s your game plan?

# PURPOSE & INSTRUCTIONS

The purpose of this wrapper is to provide you with the opportunity to reflect on the strategies you will use to complete an assignment. By filling out the wrapper, you are practicing [metacognition](https://learningcenters.rutgers.edu/scarletskills), the number one predictor of academic success[[1]](#endnote-2). Take 5-10 minutes to reflect on the strategies you will use to complete an upcoming assignment.

# TIMELINE AND SCHEDULING YOUR WORK

How many days before the assignment is due will you begin to work on the assignment?

Will you complete the assignment all at once or work on it over multiple days?

# STRATEGIES

How will you prepare to complete the assignment? (Check all that apply)

Attend office hours or contact the instructor for any questions that I have about the assignment

Review/read the textbook, slides, readings, and/or class notes

If I do not understand a concept, attend office hours and/or ask a peer for help

I will make sure I have all the information and resources I need

I will make sure I understand the information so I can complete the assignment

I will review the rubric (if a rubric is provided)

Other (please specify):

For each strategy you checked, when, where, with whom, and how often do you plan to implement it?

For concepts you do not understand, what strategies will you use for clarification?

# ACCOUNTABILITY AND MOTIVATION

How will you keep yourself motivated and on track when working on your assignment?

Who can you reach out to for help if needed?

1. Ohtani, K., Hisasaka, T. Beyond intelligence: a meta-analytic review of the relationship among metacognition, intelligence, and academic performance. *Metacognition Learning* **13**, 179–212 (2018). <https://doi.org/10.1007/s11409-018-9183-8>

   **For more on metacognition and free academic support services, visit:** [**learningcenters.rutgers.edu/scarletskills**](http://learningcenters.rutgers.edu/scarletskills) [↑](#endnote-ref-2)