POST-ASSIGNMENT WRAPPER

How did it go?

# PURPOSE & INSTRUCTIONS

The purpose of this wrapper is to provide you with the opportunity to reflect on the strategies you used to complete an assignment. By filling out the wrapper, you are practicing [metacognition](https://learningcenters.rutgers.edu/scarletskills), the number one predictor of academic success[[1]](#endnote-2). Take 5-10 minutes to reflect on the strategies you used to complete the assignment.

# REFLECT

After reviewing the assignment and feedback, was your plan for the assignment helpful?

How many days before the assignment was due did you begin to work on the assignment?

Did you complete the assignment all at once or work on it over multiple days?

# STRATEGIES

How did you prepare to complete the assignment? (Check all that apply)

Attended office hours or contact the instructor for any questions that I had about the assignment

Reviewed/read the textbook, slides, readings, and/or class notes

If I did not understand a concept, I attended office hours and/or asked a peer for help

I made sure I had all the information and resources I needed

I made sure I understood the information so I was able complete the assignment

I reviewed the rubric (if a rubric was provided)

Other (please specify):

For each strategy you checked, when, where, with whom, and how often did you implement it?

For concepts you did not understand, what strategies did you use for clarification?

IMPLEMENTING FEEDBACK

Based on the feedback provided by the instructor on the assignment, what did you do well?

Based on the feedback provided, what do you need to work on next time?

Based on your responses above, identify three things you plan to do when completing a similar assignment next time.

1.

2.

3.

1. Ohtani, K., Hisasaka, T. Beyond intelligence: a meta-analytic review of the relationship among metacognition, intelligence, and academic performance. *Metacognition Learning* **13**, 179–212 (2018). <https://doi.org/10.1007/s11409-018-9183-8>

   **For more on metacognition and free academic support services, visit:** [**learningcenters.rutgers.edu/scarletskills**](http://learningcenters.rutgers.edu/scarletskills) [↑](#endnote-ref-2)